WHY START NOW?
A network of professional connections will help you:
- Explore career options and interests.
- Identify resources for informational interviews.
- Obtain information about organizations for which you might want to work.
- Get career advice about how you might prepare yourself for a certain field or position.
- Discover potential job or internship opportunities.
- Connect you to other people in an organization or career area of interest.

Meeting people in fields of interest is the
MOST EFFECTIVE method of finding a job or internship!

THE BASICS
You have a much better chance of getting an interview through your own personal/professional
connections than other means (such as job postings and company websites).

You need just a few things to get started:
- An idea of what you want at this point in your career exploration or job search.
- A brief personal introduction.
- A system to manage contacts (e.g. an Excel spreadsheet or Google Doc).
- An interest in learning and an openness to meeting new people.
- A handshake and a smile.
- A few questions to get the conversation going.

Interact with people who have interests similar to your own:
- Get referrals from other people in your network.
- Join social networking websites such as Facebook and Twitter, and professional networking
  websites such as LinkedIn. Also be sure to use Linkedin.com/alumni to find additional
  Harvard alums who might be willing to speak with you.
- To connect with Harvard alums, the Harvard alumni database is available to Harvard
- Talk to academic department representatives (including faculty members and TFs).
- Attend professional organization meetings/conferences (The Associations Unlimited
  database is available through Harvard Libraries’ e-Resources).
- Join networking groups.
- Get involved with community organizations; do volunteer work.
- Attend OCS career programs and workshops.

    Start simply: Set a goal to meet one new person whenever you travel!
ETIQUETTE and GUIDELINES

- **Be well prepared** for each conversation. When you ask for advice or help, and you know what you're looking for, it's easy for people to say "yes." Develop a list of questions ahead of time.
- **Find a connection** to make introductions easier. Look for Harvard alumni through the Harvard Alumni Association's alumni database or LinkedIn.
- **Always be professional, courteous, and considerate.**
- **Be genuine.** Possess a sincere desire to learn.
- **Be interested** in the people you meet. Most people enjoy having the chance to tell you about their own careers and activities.
- **Don't explicitly ask for a job.** Ask for advice on how to obtain jobs in that field. Let the contact decide if he or she is willing to pass on job leads to you.
- **Do ask for names** of other people in the field.
- **Give back.** Know enough about the people you meet to pass on ideas, articles, and contacts that will interest them.
- **Be gracious.** Appreciate the time and effort of your contacts and send a thank you note.
- **Stay in touch.** Check in periodically. Update people in your network when you make significant progress in your research or job search.
- **Have confidence** that building a professional network will ultimately result in job leads.

WHAT IS AN INFORMATIONAL INTERVIEW?

In an informational interview, you talk with a professional, typically employed in your field of interest, to gather career-related information and to add to your professional network. It is NOT a job-seeking interview. Instead, you're seeking to answer questions like:

- Can you tell me about your career path?
- Is there a typical career path in this field? If so, what is it?
- Do I have the right background and abilities for the career I'm considering?
- How do I get my foot in the door once I've made a decision?
- What would you do differently if you were to do it again?

A Mutually Beneficial Process

Building a network doesn't come naturally to everyone. There are a variety of reasons people use to rationalize why they don't need to (or can't) build their professional network as they explore career options, search for a job, or develop their careers. One of the most common misperceptions holding people back is: I'd probably be wasting their time! Why would they want to talk with ME?
The benefits of informational interviewing:

<table>
<thead>
<tr>
<th>BENEFITS FOR YOU</th>
<th>BENEFITS FOR THEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Get insider advice on entering a field; learn whether specific credentials or more practical experience is necessary.</td>
<td>• Share information about their job and career path.</td>
</tr>
<tr>
<td>• Get a first-hand impression of the work environment.</td>
<td>• Pass along wisdom and advice.</td>
</tr>
<tr>
<td>• Learn about current trends and vocabulary of the field.</td>
<td>• Give back – they likely got started the same way.</td>
</tr>
<tr>
<td>• Have a professional in the field critique your resume.</td>
<td>• Recognize you are a potential new colleague – a professional contact for THEM when you enter the field.</td>
</tr>
<tr>
<td>• Practice talking about your experiences and telling your story.</td>
<td>• Gain valuable information, resources, or contacts from you (now or in the future).</td>
</tr>
<tr>
<td>• Ask questions that would generally be considered too direct in a job interview.</td>
<td>• Increased understanding of what potential employees in your demographic are interested in or looking for.</td>
</tr>
<tr>
<td>• Gain visibility in the field.</td>
<td>• Strengthen professional relationships with colleagues, e.g. by referring you to a colleague who eventually hires you.</td>
</tr>
<tr>
<td>• Expand your network of contacts – maybe even find a mentor.</td>
<td>• Invest minimal time.</td>
</tr>
<tr>
<td>• Build confidence in yourself and your decision to move into the field.</td>
<td>Allows them to assess your:</td>
</tr>
<tr>
<td>• Learn that a field is (or isn't) for you.</td>
<td>• Initiative (sometimes, the only way in!)</td>
</tr>
<tr>
<td>• Refine your career interests or generate other options.</td>
<td>• Communication skills.</td>
</tr>
<tr>
<td>• Develop and maintain relationships that may help you in your job search and professional development.</td>
<td>• Enthusiasm.</td>
</tr>
</tbody>
</table>

**REMEMBER**

Never ask for a job directly.
HOW DO I GET STARTED?

A. Who Should I Contact?
Create a list of potential contacts within your field(s) of interest. Look for people doing a job you’d like to do, in a field you’d like to investigate, or working for a company that interests you. Obtain names of new contacts through:

- **People you already know.** Career advisers, friends, relatives, faculty, House Tutors, past and present work associates or supervisors may be able to refer you to professionals in a variety of fields. Don’t be afraid to tell people what you’re looking for—you never know who has a great connection. Utilize your LinkedIn network.

- **Alumni/ae Contacts.** Alums have a common bond and often find it gratifying to provide assistance to those following in their footsteps. Harvard’s alumni database (available online to Harvard students and alumni/ae through the Harvard Alumni Association website: www.haa.harvard.edu) lists the contact information for alumni who have indicated that they’re willing to speak with students about their career paths. Also see LinkedIn.com/alumni.

- **Industry directories and trade associations** can help you identify organizations that may interest you. Contacts within these organizations can be professionals in positions that interest you or managers of departments you might enjoy working in. Avoid human resource departments (unless you’re considering jobs in human resources!) since you are seeking information, not a job. Call the main number or visit their website to secure the names/titles of appropriate individuals.

- **Associations Unlimited** is a database of national and local trade associations, accessed by visiting http://eresearch.lib.harvard.edu. Databases like Lexis/Nexis and Factiva (also available through the link above) are helpful for searching trade journals for mentions of organizations, key people, trends, and events in different fields.

B. How Should I Prepare?
**Research:** Read career literature, trade publications, company information, and biographical information of your contact. Find out as much about the individual, the company, and career field as possible before you meet. It’s better to use your expert contact as a resource for specific information rather than the basics.

**Questions:** Think about what you hope to learn, and develop questions that will elicit that information. Write a list before you begin reaching out to contacts, to help you prepare. Questions you may want to ask include:

- **A detailed description of the job:** What challenges, rewards, or frustrations have you encountered? What kinds of decisions do you make? What does a typical day look like?
- **Desirable skills, education, and experience:** What training or experience is required? What did you do to prepare for entering this field? What courses could I take, skills should I possess, or internship experience(s) might be valuable for me if I decide to enter this field?
- **Career paths and advancement:** What are your career goals? What kinds of opportunities do you see this job preparing you for?
Other important areas of discussion might include:

- **Lifestyle implications of the work**: e.g. travel, hours, pressure, flexibility, salary/benefits, work/life balance, security, etc. It's acceptable (and recommended) to ask about what range of salary you might expect upon entering at a specific level. Do NOT ask how much money the interviewee makes.

- **Work environment**: physical setting, people (colleagues and clients), organizational structure and culture—How does this job fit into the department's/organization's structure? How does this department work with other departments, and which ones?

- **Current issues in the industry** (beyond what you've read): What trends or changes are occurring in your field? Have these changes affected pathways into the industry? If so, in what ways?

- **Ways to get more information**: Ask for recommendations of journals, other contacts, professional groups, and names of other organizations known within the field for offering great internship opportunities.

Be sure to avoid questions that can be answered "Yes" or "No." Open-ended questions (particularly "What" and "How" questions) will allow your contact to respond providing the most information possible.

**C. How Should I Go About Obtaining an Interview?**

Start with your least intimidating contacts. **Write an email or call**: Call first if they have specified that they would like to be contacted by phone. Email first if you think the contact would appreciate having a brief introduction and a sense of what you're exploring or if you're not confident about presenting yourself over the phone (see the sample introductory email). Remember, even when emailing, it's preferable to have a conversation either by phone or in person to get the most out of the conversation. Experiment and decide what works best for you.

Explain what you want (NOT a job, just information), suggest a timeframe (a particular week?) a specific location (preferably workplace), and a limited timeframe (perhaps 30 minutes). Be prepared to settle graciously for an over-the-phone interview if it's the only alternative. However if a phone interview is suggested, it's worth asking if Skype is an option.

**Sample phone introduction:**
"Ms. Smith, my name is Emilio Sanchez, and I'm a student in Sociology at Harvard. I got your name from the Harvard Alumni Association's alumni database. I understand that you're a writer with The New York Times. I'd love to hear more about your career path, and perhaps see your office, and was wondering if you'd be willing to set up a time to share your experience with me in a brief meeting."

**Note:** If you call and get voicemail, briefly introduce yourself and explain your interest in wanting to connect. Say you'll try calling back, but also leave both a phone number and email address where you may be reached. Follow up by email, referencing the phone message.
Sample Introductory Email

This email message is to request an informational interview to learn more about an alumna’s experience as a book editor. The student is careful to avoid asking for a job, or for anything other than the chance to listen and ask questions. The email includes a brief “elevator speech” that summarizes the student’s interests.

Dear Ms. Jones:

I am an English concentrator at Harvard College and will graduate with an A.B. in May, 2017. I found your name through the Harvard Alumni Association’s alumni database, and I am writing to ask your advice about the field of publishing.

Book publishing is a career option I have considered for some time. I’m currently a writer for Arts Today magazine and also sit on the editorial board. Prior to attending Harvard, I was the editor of my high school newspaper and contributed to a local weekly as a movie critic. I am eager to learn more about the field of publishing to determine if my interest in writing and editing would be a good fit with the industry.

I will be in New York the week of October 9th and would greatly appreciate the chance to speak with you about your experience. If meeting with you at that time isn’t convenient, perhaps we could talk by phone at another time.

Is there a time that I could call your office to make these arrangements?

Thank you for your consideration.

Sincerely,

YOUR NAME

Note: Don’t be afraid to follow up if you don’t hear back from your contact within a week or so. Change the way you are contacting them. If you emailed the first time, try following up by phone. People are busy, and you will likely not be a top priority. But this does not mean they are not willing to speak with you. Persistence is important, and people often appreciate the reminder that they haven’t returned your call, and that you are still interested in speaking with them. However, know that you won’t have a 100% response rate. Don’t take this as rejection—but as an indication of how demanding their job may be on their time. If you have not heard back after the initial outreach plus two follow-ups, focus your attention on other contacts from your list.
**D. Keep Track of Your Networking Contacts**

When you’re actively building your network for a job or conducting informational interviews, it’s **NECESSARY to keep yourself organized!**

Set up a spreadsheet, and include relevant information for each contact. Here’s the type of information you should track and some example data:

<table>
<thead>
<tr>
<th>Contact Name:</th>
<th>Bill Gates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title:</td>
<td>Co-Chair</td>
</tr>
<tr>
<td>Organization:</td>
<td>Bill and Melinda Gates Foundation</td>
</tr>
<tr>
<td>Action Step:</td>
<td>Send thank-you note/email (update with most recent action step needed)</td>
</tr>
<tr>
<td>To-do by:</td>
<td>September 19, 2016</td>
</tr>
<tr>
<td>Referral Source:</td>
<td>Harvard Alumni Association alumni database</td>
</tr>
<tr>
<td>Mailing Address:</td>
<td>PO Box 000, Seattle WA 98102</td>
</tr>
<tr>
<td>Website:</td>
<td><a href="http://www.gatesfoundation.org">www.gatesfoundation.org</a></td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:info@gatesfoundation.org">info@gatesfoundation.org</a> (preferably Bill's direct email!)</td>
</tr>
<tr>
<td>Phone:</td>
<td>206-123-4567</td>
</tr>
</tbody>
</table>

**Contact History:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Type</th>
<th>Notes</th>
<th>Follow-ups</th>
<th>Status</th>
<th>Referred to</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 1, 2016</td>
<td>email</td>
<td>introduced self requested info intvw</td>
<td>phone</td>
<td>DONE</td>
<td>Madeline Albright, Kofi Annan, Warren Buffet</td>
</tr>
<tr>
<td>Sept. 10, 2016</td>
<td>phone, voice mail</td>
<td>polite reminder requested info intvw</td>
<td>return call; set date</td>
<td>DONE</td>
<td>(make entries for all these, using Bill Gates as Referral Source)</td>
</tr>
<tr>
<td>Sept. 14, 2016</td>
<td>On-site info interview</td>
<td>copious notes on entire visit!</td>
<td>Thank you note/email</td>
<td>TO-DO by Sept. 19</td>
<td></td>
</tr>
</tbody>
</table>
Do’s and Don’ts of the Informational Interview Process

Do act as professionally as you would for any interview: call or email to confirm a day or so ahead, dress appropriately, and arrive a little early so you can experience the work environment as well as relax before your appointment.

Do feel free to bring a list of questions with you as a means of guiding the conversation, and definitely jot down any suggestions or referrals during the interview, being sure to clarify any terms you don’t know or anything you don’t understand. Remember to update your notes with what you have learned immediately after the interview.

Do respect your host’s time. Stick to the time frame suggested in your letter or phone conversation unless you are invited to stay longer. Be sensitive to nonverbal cues that it is time to end the interview.

Do be sure to send your resume in advance and bring a copy along to your meeting (just as a way of presenting yourself and your background, not trying to obtain a job).

Do ask the person to review your resume with you. Ask for advice on how to best present yourself, what skills may need refining, and which areas need attention or development to best qualify you for that field. Also, be sure to ask for advice or other experience/knowledge needed for the field.

Do offer to pay, if you’ve gone out for lunch or coffee for your meeting (“He who invites offers to pay”). But you may accept graciously if he or she insists on paying.

Do ask about compensation in a general way, but don’t ask about his/her personal income. You might say, “If I were to enter this field, what salary and other forms of compensation might I expect?” Inquiring with individuals in the field, coupled with salary research on the web, will prepare you well for negotiating in the future.

Don’t ask your contact for a job, even indirectly. That’s not what you are there for.

Do open doors to additional contacts by asking "Are there other people you think I should meet as I continue to investigate this field?"

Do keep your contact network informed of your career development progress, particularly if they have taken an interest in your career or referred you to specific individuals. Maintaining professional contacts is an ongoing process that will benefit you throughout your career.

Do write a timely thank you note expressing your appreciation for the person’s time. This is important regardless of how helpful you perceive the conversation to have been.

Don’t speak with only one or two people and assume their views are representative of the field. Continue to develop your network!

Do follow up with contacts you receive as well as with professional organizations.
Developing your “Elevator Pitch”
Over the course of your job search, it will be critically important to communicate to people who you are and what it is you’re looking for in a position. An “elevator pitch” serves as an introduction when speaking with people about your interests. You may have a 15-second version to use at a job fair, a 30-second version for a networking event, and a 60-90-second one for kicking off a job interview. Below are some ways to start thinking about what you’ll say:

- What are your current work roles? Student? Teaching Fellow? Research Assistant?
- What is your current career interest, and how has that developed?
- What transferable skills have you developed that may be applicable to this field?
- What may be the biggest concern on the part of employers considering you for this type of job?
- What is it that you want to know from someone in this field?

Remember that you won’t have just one elevator pitch. Develop your basic introduction, then alter it to be appropriate for different audiences and situations. PRACTICE delivering your introduction to friends (and to yourself). Once you feel comfortable and natural, it will be much easier to adapt your initial presentation on the fly.

With a concise, articulate, and relevant introduction, delivered with confidence, a firm handshake, good eye contact, and a smile, you will make a GREAT FIRST IMPRESSION.