



OFFICE OF CAREER SERVICES

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How to get advice from the OCS Pre-Health Advisers

In order to best serve the over 1,500 students and alumni considering medical careers at Harvard College we ask that you adhere to the following NEW advising guidelines.

- **Attend Programs** — Much of the premed/pre-health advice that students need is offered through programs and workshops. Read the weekly “This Week at OCS” newsletter for information on premed/pre-health events relevant to you. *Freshmen and sophomores, who have not already done so, should attend a Pre-Health 101 orientation program before using any other premed/pre-health advising services.*
- **Get Special Premed/Pre-Health Information** — Make sure to select the interest area of “Premed/Pre-health” in the preferences section at the bottom of the “This Week at OCS” newsletter to receive special tips and notices.
- **Half-hour Pre-Health Appointments** — For planning ahead and current issues you can make an appointment with a Pre-Health Adviser for a half-hour slot through [Crimson Careers](#). In general, students will not need more than 2 appointments per semester. This will help ensure that the Pre-Health advisers have time to meet with all students needing advice. Once you have been seen in a half-hour appointment, please stay with that adviser for future appointments or for a related follow up email, rather than switching to another member of the Pre-Health team. This will provide for better advising continuity.
- **Pre-Health Drop-ins** — These 10-minute drop-in appointments are Monday and Thursday from 3-4 pm. *Questions that are not premed/pre-health specific such as resume reviews, questions about summer internships, research opportunities and funding should be answered by attending the **OCS Undergraduate General Drop-Ins**—everyday 1:00-4:00. No sign up needed.*
- **When to use Email** — General short questions can be sent to premed@fas.harvard.edu where they will be answered by one of the advisers or a member of our administrative team.
 - Please do not ask for information that can be found on the Premed/Pre-Health section of the OCS website (<http://ocs.fas.harvard.edu/medical-health>) or on the AMCAS website (aamc.org).
 - Students asking questions which require a more nuanced response or more than a few sentences to answer will be directed to bring their questions to Premed Drop-ins or to an appointment.
 - Please do not send email questions to an individual adviser’s email address unless the issue is a follow up to a prior conversation. Please do not send the same email to multiple recipients.
- **Special Advice for Current Applicants** — Juniors and seniors who will be applicants in the 2018 cycle and alumni should sign up for the OCS Medical School Applicant listserv to get detailed information and helpful tips about the application process throughout the year (<https://lists.fas.harvard.edu/mailman/listinfo/harvardocs-medschool-applicants-list>). Please use a @college, @post, or @alumni email address to subscribe. Applicants should review the archived posts which may answer other important questions. Premedical House Tutors are also a great source of advice about the application process. Alumni unable to sign up for an appointment through Crimson Careers may call the front desk at 617-495-2595 for assistance scheduling a half-hour phone or in person advising conversation.

We look forward to working with you!
The OCS Premed Advising Team